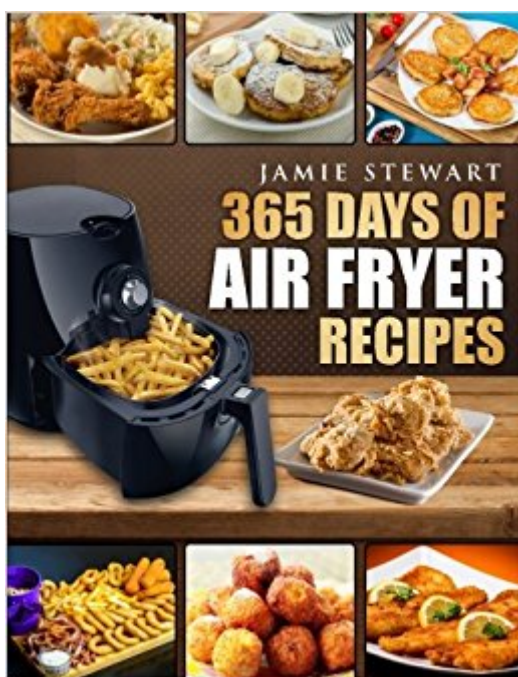


The book was found

365 Days Of Air Fryer Recipes: Quick And Easy Recipes To Fry, Bake And Grill With Your Air Fryer (Paleo, Vegan, Instant Meal, Pot, Clean Eating, Cookbook)



Synopsis

The Only Air Fryer Cookbook You'll Ever Need Includes a PDF file with photos of all the recipes

Hot Air Frying: A Surprising Way to Cook Your Food Whether you are yet to buy an air fryer or you already own one, it is good to know its basic function and features. First and foremost, reading manufacturer's instructions for operation and cleaning is a must. Here are some of the most important air fryer features. When your food is in the cooking chamber, superheated air is circulated around it to cook everything evenly. Thanks to its innovative features, you will be able to cook foods fast, easy, and more conveniently. Then, air fryer has an automatic temperature control so you can be assured that your food will be perfectly cooked. Your air fryer makes great meals without a fuss. Digital screen allows you to set your cooking preferences and enjoy the advantages of hands-free cooking. This is one of the best features of an intelligent kitchen machine. Hot air frying machine does more than just fry. You can bake a wide variety of cookies, roast meat and vegetables, make the best puddings, etc. You can also add a grilling element for extra flavor and crispiness. Air fryer works more like a convection oven than a fryer. There are great air fryer accessories on the market like air fryer baskets, grill pans, baking pans, double layer rack with skewers. We can use silicone, metal, or glass in most models. Nevertheless, always read machine's instructions before using any bakeware in your air fryer. By all means, you will be able to get that deep-fried taste with only 1 tablespoon of oil. Therewithal, many argue that air-fried food tastes better. Air fryer allows you to make better food choices and you can have nutritious and great-tasting meals without the hassle. An air fryer offers inspiration for many people to cook healthy and well-balanced meals every day. Hot air frying requires very little fat so that your meals retain most of their valuable nutrients.

Book Information

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Wine > Cooking by Ingredient > Poultry #7 in [Air Fryer Cookbook](#) > Cookbooks, Food & Wine > Kitchen Appliances > Fryers #48 in [Air Fryer Cookbook](#) > Cookbooks, Food & Wine > Special Diet > Paleo

Customer Reviews

After ordering 2 or 3 other air fryer books & being a bit disappointed, with this one I finally found exactly what I was looking for! For starters, it has recipes for foods that we actually eat, so it's realistic & applicable in that sense. Secondly & more importantly, it has an easy to read, easy to use. So, this book I'll use on a regular basis.

There are many things that I expect from a cookbook. This one is sorely lacking. 1. There is no alphabetical index. 2. There are no pictures in the book. While they do include a link to a pdf file with all the pictures, it's just not the same thing. 3. The recipe instructions leave out steps. For instance, a recipe calls for a steak. What kind of Steak? How big? How thick? A recipe calls for beans. What Kind? Green beans? Lima beans? Garbanzo? Kidney? 4. Of the recipes we have attempted, none turned out as expected. They have all required tweaking to make textures and appearance right.

I just got a copy of this today. After looking at lots of pages of recipes I gotta say I think this is THE BEST air fryer cookbook . It has tons of great recipes that look relatively easy to put together. All of them have ingredients most people already have on hand or are available at most grocery stores . It is more of a simple everyday type cookbook. I am really going to enjoy my Nuwave Brio air fryer with this cookbook.

I love this cookbook! It contains a large variety of recipes. Recipes are delicious and really quick to prepare. Most of the recipes will take less than hour to prepare. They are simple enough to make, but delicious enough to impress your friends and family. All recipes in this book are saved with simpler ingredients with easy cooking directions. Your family followers will absolutely request you to prepare these dishes again and again.

This is a very surprising and delish AF recipes! This is one of the best features of an intelligent kitchen machine. You will enjoy the advantages of hands-free cooking. The recipes collections include here were easy to follow and cook. You can find more amazing recipes to impress your kids and your hubby. This is perfect for a busy working or stay at home mom.

The index is not alphabetical it list items its horribly laid out you need to look through each page to see what's on it versus looking up an item to find a recipe. I would not recommend this book unless it gets a re-edit

I like this air fryer book. I would love it, if it had pictures along with the recipes. The recipes are simple and there is something for the youngest to the oldest family member to enjoy. Homemade potato chips, roasted veggies, green tomatoes, steak, chicken, chops, butter cake, cupcakes, fries, bbq wings, ribs, fish, tortillas, etc.. These are everyday type recipes. I recommend this book to anyone who has a Airfryer. The price is good also. Thank you

An excellent Book to promote one of the Healthy ways to cook and enjoy your food! All the joys of Fried foods taste without the Calories and Clogged Arteries! Use Coconut oil and use a spray bottle! Every Recipe is the foundation of your personal version and expansion!

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